



# Irving Recreation Center Camp Challenge Newsletter

Summer 2011

Week 1 (May 31—June 3)

## IMPORTANT REMINDERS:

- Our camp rules are "Be safe. Be respectful. Be responsible."
- Pack a sack lunch for your child. Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper's name.
- Do not hesitate to ask when you have questions or comments.



## WELCOME WEEK!

This week has been planned to get our campers to meet our staff and other campers through group mixer activities and small group games. Our main focus for this week will be getting campers to learn about each other through activities. Some of our activities this week will be: Name Toss, Domino Teams, Collage Making, Human Foosball, and Mat Ball. --Brett Tomes, Camp Director

## THIS WEEK'S HIGHLIGHTS

### Monday May 30<sup>th</sup>

Happy Memorial Day!

### Tuesday May 31<sup>st</sup>

Tennis and Swimming Day!

In the morning we will start out with tennis instruction and Kickball. Afterwards we will go swimming at Irvingdale Pool from 11:30-1:00. (*Remember your swimming gear!*) In the afternoon we will do one large group and one small group active game followed by a critical thinking activity.

### Wednesday June 1<sup>st</sup>

Health Rocks and Disc Golf Day!

In the morning we will start off with an active game followed by our central Team building activity. Campers will be building a geodesic dome. In the afternoon we will have our Health Rocks! program (*remember your consent forms!*) and disc golf activity.

### Thursday June 2<sup>nd</sup>

Swimming and Fitness Day!

In the morning we will start off with a traditional game of Capture the Flag followed by a non-active game. Campers will be making a top-ten collage as their individual craft for this week and will swim from 11:30-1:00. (*Remember your swimming gear!*) In the afternoon we will be playing a team non-active game followed by our fitness challenge for the week. Campers will also get a chance to share their collages with the other campers at the end of the day.

### Friday June 3<sup>rd</sup>

Laser Quest Field Trip (12:15-2:30)!

In the morning we will be doing active games outside followed by a movie for the week. In the afternoon we will take our first field trip to Laser Quest.

**Fitness Focus:** Flexibility

## EMAIL NEWS

Don't miss a newsletter and make sure to have other important weekly information delivered directly to your inbox! Update your email address with the rec. center office to make sure you stay current on all there is to know about Summer Day Camp at Irving Recreation Center.